



# *Elixir Thalasso Spa*

## *Body & Soul Elixirs*

Specially designed extended programmes for a truly uncommon experience and pampering in exclusive settings. They offer both ancient and modern techniques to relieve body and soul.

### **ANCIENT SPIRIT ELIXIR 80' /130€**

A detox treatment which enhances metabolism. A light body scrub exfoliates and prepares the skin for the Special lymphatic massage. Applying a mineral mask with dolomite argil rich in elements and vitamins which will detoxify and tone the skin.

### **IMPERIAL GARDEN ELIXIR 80' /125€**

This programme is wonderful for removing dead skin cells plus incredible mind-body effects, which will leave you invigorated and revitalized from head to toe. A gentle body exfoliator active ingredients starts the purification process followed by a mud body mask. Afterwards you will relax in the marble tube full of essential oils and marine salt extracts Following the sea polish, indulge in a relaxing aroma massage

### **ELIXIR MARINE RITUAL 80' /120€**

A journey to the sea: a three-salt exfoliation, made of selected salt for their richness in minerals and trace elements release epidermis from dead cells. Followed by a re-mineralising seaweed wrap and a regenerating massage using beeswax and essential oils



## *Signature Treatments*

Inspired by the grooming rituals of Ancient Greece and the land's mythical nature we are proud to present an amazing series of treatments. Immerse yourself in the spirit of our setting using extracts and essential oils recovered by the lush flora and local ingredients.

### **ANCIENT GREEK MASSAGE 60' /160€**

A holistic treatment that combines practices from the Asclepiads of Ancient Greece through the experience of millennia, reaching today's modern practices and reviving this particular kind of massage. It is based on the methods of Hippocrates. The toxins will be extinguished and the lymph will be activated. Greeks, tailored to the needs of today.

## *Massages & Therapies*

### **“ELIXIR” AROMA MASSAGE 60' /100€**

Light body exfoliation performed with pure essential oil used as a natural exfoliating scrub. The total body massage that follows concentrates on soothing away tiredness, stress and alleviating tension, inducing relaxation to the body and mind.

### **IMPERIAL MASSAGE 60' /100€**

Inspired by the grooming rituals of the Classical-era beauties. This treatment consists of a total body aromatherapy, head and face massage, reflexology on feet/hands/ears, and Shiatsu.

### **DEEP TISSUE MASSAGE 30' /70€ - 60/130€**

This amazing therapy rejuvenates the body by using deep pressure massage – no wonder it's the favourite massage in the best spas worldwide! Deep muscle groups are massaged using fingers, fists, forearms or elbows. The result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation.

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



### **AROMA MASSAGE 30' /70€ - 50' /90€**

A lavish body treatment concentrating on the back, neck and shoulders using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well being.

### **LYMPATIC MASSAGE 30' /65€ - 60' /110€**

A detoxifying treatment performed specifically on legs. It activates the lymph glands to flush out liquids, making the muscle tissue firmer. Ideal for combating cellulite and stimulating your body systems.

### **KIDS MASSAGE 20' /45€ - 40' /75€**

A unique treatment specially designed for children. Touch is a natural healing therapy. The Kids Massage is ideal for boys and girls aged 5 to 16 years. Natural hypoallergenic oil is applied with a gentle massage. The qualified therapists gently massage the muscles and joints (hands - back - legs - face - neck - scalp - hair ).

### **MOM-TO-BE MASSAGE 45' /85€**

Indulge in a caring touch which is in complete harmony with the very special period of your pregnancy. Mom To Be massage relieves the stressed zones and at the same time strengthens the blood circulation. The specialized, soft and caring handling of this technique offer a safe treatment that embraces your needs as well as your baby's.

### **HEAD & FACE MASSAGE 20' /50€**

This relaxing massage performed on the pressure points of the neck, scalp, ears and face concentrates on soothing away tiredness, stress and tension. A wonderful treatment for headaches, stiff and tired muscles as well as obtaining harmony to your mind

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



## *For Two* ♥

Surprise your partner with a signature treatment for two. Choose between our unique treatments according to your needs

### **LOVE POTION 60' /180€**

Succumb to the touch of romance at Elixir Spa Retreat and get into the mood for love. Share an unforgettable experience with your partner: on twin massage beds, enjoy a body scrub, followed by natural sponge wash with rosewater. For a perfect finale indulge in an aroma massage with essential oils that will free your mind.

### **PASSION RITUAL 60' /180€**

The Passion Ritual for 2 combines the rejuvenating effect of fragrances with the wealth of aromatherapy and the caress of warm herbal extracts. Relax in the scent-laden atmosphere and bask in the pleasure of a warmed creamy wax film that nourishes the skin while a soothing massage helps the body eliminate tension.

## *Special Therapies*

### **LAP OF LUXURY SEA SCRUB 40' /80€**

Enriched with essential oils, this pleasant care begins with a complete body scrub smooth the skin, and will gently end with the application of a rich body milk to leave your skin luminous and velvety.

### **ELIXIR OF VINEYARDS 80' /160€**

Enjoy an exfoliating blend of grape seeds with anti-aging and detoxifying effects and a deeply nourishing and relaxing massage to rejuvenate and strengthen the skin. While your body is wrapped in this invigorating cocoon, experience a comprehensive facial treatment with proven effectiveness for unparalleled radiance that leaves your skin smoother and firmer. The oxygenating and antioxidant properties of this treatment enhance the energy and defense of your skin.

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



### **BODY SLIMMING AND FIRMING 60' /110€**

Complete body treatment to redraw the silhouette, reduce the appearance of cellulite, tone and give a feeling of lightness and well-being to the body. This body mask has a 'sauna' effect and acts effectively on fatty areas. The skin transforms from the first application onwards: the epidermis is firmer, smoother and softer.

### **BACK RITUAL 60' /100€**

A cleansing and relaxing ritual combination of enveloping movements and the use of a self-heating mud to relax the deep muscles and relieve joint tension. The self-heating oligo-active mud detoxifies the body and creates a profound feeling of relaxation in areas of muscle tension.

### **AFTER-SUN TREATMENT 30' /70€**

This after-sun body treatment soothes and refreshes the skin after sun exposure! A specific body wrap with hibiscus flower extract repair the skin, and a complete body moisturizing soothes the sunburn. Intensely hydrated, the skin is soft and the body is perfectly relax.

## *Facial Treatments*

### **ESSENTIALS FACE THERAPY 60' /100€**

This delightful break in daily life offers a moisturizing and soothing facial to fight pollution negative effects and urban stress. This care will provide you with a privileged moment to bring real comfort to your skin, leaving it fresh and radiant

### **AGE ANTIDOTE 60' /115€**

The Age Antidote facial is a complete care ritual integrating special anti-ageing ingredients such as Bio-peptides to help resurface the skin, Hyaluronic Acid to plump and hydrate the skin or Adenosine to get an immediate lifting effect.

### **OIL FREE TREATMENT 60' /100€**

Treatment for oily and mixed skins. Antiseptic ingredients and lactic acid have the purpose of cleansing and nourishing the skin for spectacular glow.

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



### **HYDRATENSE TREATMENT 60'/110€**

Deep hydration treatment with Hyaluronic acid, herbal extracts, ginger and chamomile. Hyaluronic acid activates the deeper layers of the epidermis for hydrated and improves its elasticity.

### **OXYREVITAGE AGE TREATMENT 60'/125€**

Anti-wrinkle treatment for dry, tired and dehydrated skins. The proper combination of active retinol and vitamin C releases oxygen. The epidermis is rebuilt, bright, vigorous and protected from photoaging. An ideal treatment for the summer months.

### **DERMOSTAMINE TREATMENT 60'/130€**

A Face treatment for those worried about age signs. It fights surface and deep wrinkles, helps to regenerate and regenerate skin cells through plant liposomes.

### **MEN'S TREATMENT 60'/100€**

This comprehensive treatment is adapted specifically for men's skin and involves highly concentrated marine oligo-elements. It removes traces of fatigue and strengthens the natural radiance of the skin. This cream mask combines white clay and seaweed to purify and absorb impurities while taking care of sensitive and delicate skins.

### **SALON TREATMENTS**

- Manicure 30' /35 €
- Long lasting Manicure 40' /45 €
- Pedicure 45' /50 €
- Long lasting Pedicure 50' /60 €
- Color Change 15€
- Long Lasting Color Change 25€
- Long Lasting Remover 10€

### **WAXING TREATMENTS**

- Upper Lip & Chin 10' /20 €
- Legs & Bikini & Underarms 60' /65 €
- Legs & Bikini 45' /50 €
- Lower Legs 20' /30 €
- Underarms or Bikini or Lower Arm 15' /25 €
- Eyebrows shaping 15' /10 €
- Back 30' /35 €
- Full Legs 40' /40 €

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



## *Special Packages*

### **TOTAL RELAX 2 HOURS 220€**

- 10´ Body Scrub
- 50´ Aroma Massage
- 60´ Facial Treatment

### **ESCAPE 3 HOURS 270€**

- 10´ Body Scrub
- 20´ Body mask,
- 50´ Aroma Massage
- 50´ Facial Treatment
- 30´ Manicure

### **MEN'S GETAWAY 3 HOURS 250€**

- 20´ Body Scrub
- 50´ Aroma Massage
- 60´ Men's Treatment
- 40´ Pedicure

## *Special Programs*

### **“ELIXIR” RELAX - ANTI-STRESS PROGRAMME 2 DAYS / 200€**

Day 1: 20´ Body Scrub, 30´ Aroma Massage´

Day 2: 20´ Body Wrap, 60´ Face Therapy´

### **4 DAYS / 400€**

Day 1: 20´ Body Scrub, 30´ Aroma Massage

Day 2: 20´ Body Wrap, 60´ Face Therapy

Day 3: 80´ Vinecine Treatment

Day 4: 20´ Head & Face Massage ,Maniqure - Pediqure

### **6 DAYS / 570€**

Day 1: 20´ Body Scrub, 30´ Body Wrap, 30´ Aroma Massage

Day 2: 20´ Body Wrap, 60´ Face Therapy

Day 3: 80´ Vinecine Treatment

Day 4: 20´ Head & Face Massage ,Maniqure - Pediqure

Day 5: 20´ Body Wrap, 60´ Paradise massage

Day 6: 60´ Age Antidote Face Therapy,

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



## **SUPER - SLIM PROGRAMME**

### **2 DAYS / 250€**

Day 1: 20´ Body Scrub, 20´ Sea Weed Wrap,  
30´ Lymph massage

Day 2: 80´ Ancient Spirit Elixir

### **4 DAYS / 450€**

Day 1: 20´ Body Scrub, 20´ Sea Weed Wrap,  
30´ Lymph massage

Day 2: 80´ Ancient Spirit Elixir

Day 3: 80´ Elixir Marine Ritual

Day 4: 80´ Body Slimming & Firming

### **6 DAYS / 620€**

Day 1: Body Scrub, 20´ Sea Weed Wrap, 30´ Lymph massage

Day 2: 80´ Ancient Spirit Elixir

Day 3: 80´ Elixir Marine Ritual

Day 4: 80´ Body Slimming & Firming

Day 5: 60´ Lymph massage

Day 6: 60´ Elixir Body Slimming and Firming

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).



## **PREPARATION**

- Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire.
- You will be provided with a bathrobe, towels and slippers.
- Please remove all jewellery and clothing, leaving on your undergarments. For some treatments you will be provided with disposable undergarments by your therapist.
- The management will not be held responsible for the loss of any personal items.

## **TREATMENT**

- During treatments, please let your therapist know if you're comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness.
- If you have any questions, your therapist will gladly answer them.

## **CANCELLATION**

We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.

## **CHILDREN'S POLICY**

For security reasons, the entrance to Elixir Thalasso Spa is forbidden to children under the age of 16. Children over the age of 16 can attend specific treatments listed above, which are exclusively performed with the consent and escort of a guardian.

## **KINDLY NOTE**

- Mobile phones are not permitted in Elixir Thalasso Spa. This is the time for your body and mind to release the worries and stress of the day.
- Smoking is not permitted in Elixir Thalasso Spa.

OPENING HOURS DAILY 10:00 - 18:30

You may contact the Elixir Thalasso Spa Directly on Ext. 7902 or reception (0).